# STUDENT WORKSHOP EXPERIENCES:

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#### **EXPERIENCES VS. WORKSHOPS**

Yes, these are still technically workshops. The main difference here is the amount of time we're spending in the classroom, and the opportunity to explore lessons that can sometimes feel non-traditional for a dance class. With a few hours & a dedicated group of dancers, we can go deeper than ever into essential ideas for dance training.

Any of these lesson types can be presented in a workshop, but experiences are longer. With all that extra time, we get to weave some of these together into connected lesons to completely change and enhance the way a student understands the subject in one...single...course.

#### FREESTYLE

ALL THE WAYS WE CAN LEARN
TO BE FEARLESS IN OUR IMPROV

#### **BATTLE**

AN INTEGRAL PART OF STREET DANCE.

#### **THE ARTS**

THE USE OF OTHER ART FORMS TO LEARN ABOUT DANCE FROM UNIQUE ANGLES.

#### **PROPS**

LESSONS & CHOREOGRAPHY FEATURING ALL KINDS OF ITEMS.

#### **CRITIQUES**

OBSERVATIONS & FEEDBACK ON PARTICULAR STUDENT SKILLS.

#### SITE-SPECIFIC

THE USE OF UNIQUE ENVIRONMENTS TO DEVELOP PERFORMANCE.

#### **TECHNIQUE**

THOSE CORE CONCEPTS THAT MAKE A GENRE WHAT IT IS.

#### **TERMINOLOGY**

A POWERHOUSE SESSION OF PURE VOCABULARY BUILDING.

#### **CHOREOGRAPHY**

THE CLASSIC CLASS ELEMENT. A COMBO TO PUT LESSONS INTO ACTION.

#### COMPOSITION

HOW ABOUT LEARNING HOW TO CHOREOGRAPH ROUTINES?

#### **LECTURES**

HISTORY LESSONS & DEEP DISCUSSIONS.

#### **OBSERVATION**

THE STUDY OF PERFORMANCES AS AN EXTENSION OF LECTURES.





#### WHAT EXACTLY IS HIP HOP?

Hip Hop is a culture. That goes without saying. What does that REALLY mean though?

It doesn't simply mean you should study the culture.

What it really means is that it takes much more than dance steps in order to be "doing Hip Hop". This means that students should be getting experiences that relate to Hip Hop's dance culture a bit deeper. Students should also be getting the tools & proper knowledge to seek out Hip Hop's veterans & pioneers to further their learning.

Lastly, it means that you should know the difference between Hip Hop's actual dance genre and commercial dance, street jazz, jazz funk, tik tok dances, and many other things mistaken as Hip Hop. These other dance forms may get mistaken for Hip Hop very frequently in youth dance education, but they are not Hip Hop.

#### KNOW THE DIFFERENCE



Sassy Hip Hop
Competition Hip Hop
New Hip Hop
Modern Hip Hop
Commercial Hip Hop
Studio Hip Hop

Either it is, or is not HIP HOP

True Hip Hop technique can serve as the foundation for a pathway through Hip Hop dance, or it can be a time to build proper foundation to inform other genres. These building blocks are ESSENTIAL.

THIS EXPERIENCE IDENTIFIES

THE DIFFERENCE BETWEEN

### BEING INSPIRED BY HIP HOP REPRESENTIN G HIP HOP

# THIS EXPERIENCE GIVES YOU THE HISTORY & EVOLUTION OF HIP HOP

#### **DECADE BY DECADE**

From the early days of this dance form to present day, learn the grooves, social dances, & choreography styles that define the genre.

Experience Hip Hop movement & its evolution through choreography based on the 80s,90s, 2000's, all the way to today!

You'll also learn:

The development of Hip Hop music, & evolution of its sound.

A \*Must Know\* vocabulary list for major social/party dances.

Technique behind real grooves from the most basic to more advanced.

#### A HISTORY LESSON

Lectures, discussions, and Q&A sessions are available so that students(and teachers) can learn the most important things every student of Hip Hop should know.

Who are the dance pioneers?

Who are the culture/music pioneers?

What is the story of Hip Hop Dance?

How do I define the difference between true Hip Hop & genres inspired by Hip Hop?

Where does Hip Hop culture live today?

#### BEYOND HIP HOP THE IMPORTANCE OF STREET DANCE

While this experience puts Hip Hop dance at the forefront, many could argue about the importance of other street dance styles in the history of Hip Hop dance. Some of these genres can bookend the course in order to inform key movement a bit better.

#### **BREAKING**

Sort of the true original style of Hip Hop, the core lessons and grooves in this genre can inform the beginning of Hip Hop dance like no other style can.

#### LOCKING-POPPING-HOUSE

These styles all have their place in what becomes Hip Hop. Locking & House both have very strong & unique rhythms that have absolutely had an influence on the movement of a Hip Hop dancer. Popping technique is often blended into modern choreography, making movements such as Hitting, Tutting, Waving essential techniques for anyone looking to perform modernized movement.

## A SAMPLE CLASS FORMAT

THIS LESSON CAN COVER MULTIPLE DECADES OF MOVEMENT STYLES, MUSIC, & HISTORY. THESE LESSOND ARE GIVEN THROUGH TECHNIQUE ACTIVITIES, CHOREOGRAPHY, & LECTURES. THIS EXPERIENCE IS RECOMMENDED TO BE AT LEAST 3+ HOURS LONG. HERE ARE SOME SUBJECTS THAT CAN BE COVERED IN THAT TIME PERIOD.

**LECTURE: HIP HOP HISTORY** 

**LECTURE: THE EVOLUTION OF MUSIC** 

**LECTURE: PIONEERS OF DANCE** 

**Q&A FOR STUDENTS/TEACHERS** 

**BONUS TECHNIQUE: MISC. GENRES** 

**TECHNIQUE: HIP HOP'S PARTY DANCES** 

TECHNIQUE: FUNDAMENTAL GROOVES

TECHNIQUE: ADVANCED GROOVES

**CHOREOGRAPHY: 80'S/EARLY 90S** 

**CHOREOGRAPHY: LATE 90'S** 

**CHOREOGRAPHY: 2000'S** 

**CHOREOGRAPHY: 2010-PRESENT** 

## CONTACT

TO INQUIRE ABOUT PRICING OR TO BOOK A WORKSHOP, USE ONE OF THE CONTACT METHODS BELOW.

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